

## **Hiking With Your Dog Checklist**

✓	Backpack
✓	Camera
✓	Cell phone and charger
✓	Comfortable clothes & hiking boots
✓	Compass
✓	Cookware + utensils
✓	First aid kit (disinfectant, gauze, sponges, bandaging material, tweezers, Betadine, scissor insect repellant, triple antibiotic ointment, saline solution, disposable rubber gloves, thermometer, towels)
$\checkmark$	Flashlight
✓	Identification (for you and your dog)
✓	Insect Repellent
✓	Jacket (warm)
✓	Map
✓	Meals - Pre-packaged or easy to prepare (for overnight camping)
✓	Microchip number for your dog
✓	Prescriptions medications
✓	Radio
✓	Rain Gear
✓	Rope
✓	Snacks (for both you and your dog)
✓	Sunglasses / sunscreen
✓	Tent / blankets / sleeping bag
✓	Toiletries
✓	Utensils / Cookware
✓	Utility Knife
✓	Veterinarian's phone number
✓	Vet clinic address & phone # (closest to you)
<b>√</b>	Watch
<b>√</b>	Water (bottled) for you and your dog
<b>√</b>	Wet wipes
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FOR YOUR DOG		
✓	Bedding (for overnight trips)	
✓	Dog back pack	
✓	Dog booties	
✓	Dog food & snacks (Premeasured in baggies or waterproof containers)	
✓	Collar	
✓	ID Tags	
✓	Leash or Harness	
✓	Licenses or permits	
✓	Life vest	
✓	Portable bowls (for food and water)	
✓	Prescriptions medications	
✓	Reflective collar or vest (or LED collar light)	
✓	Supplements (Sweetwater Nutrition's InflamAway HA joint supplement)	
✓	Towels	
✓	Waste disposal bags	
✓	Water	